



## Let's Talk About: Anxiety and Related Disorders in Special Education

Children and adolescents with anxiety disorders typically experience intense fear, worry, or uneasiness that can last for long periods of time and significantly impact their lives.

We will be discussing a variety of different diagnoses including:  
Generalized Anxiety, Separation Anxiety, Social Anxiety, Phobias, Panic Disorders,  
Obsessive Compulsive Disorder and Depression.

Anxiety is talked about too little, and very little understood.

Anxiety and related disorders affect our children at home, school and community. We know that anxiety and related disorders influence peer and family relationships, childhood activities, and school performance. If not treated early, it can lead to repeated school absences, school drop out, low self-esteem, drug use or suicide.

This workshop takes a generalized look at these very complex disorders so that we can start the discussion on how we can better understand and support children with anxiety in the many aspects of their lives.

**Thursday, March 4, 2010**

**6:00 to 8:00 PM**

**Portland Christian School**

**11845 SE Market Street**

**Portland, Oregon 97216**



To ensure enough materials will be available for everyone, please register for this FREE workshop.

**Contact:** Victoria Haight, 503.510.2289

**Toll Free:** 1.888.505.2673, ext. 205

**Email:** [vhaight@orpti.org](mailto:vhaight@orpti.org)

***Confirmation calls are not provided.***

### **Linguistic Accommodations**

If you need assistance in a language other than English, please contact the OrPTI Main Office. Requests for translated materials or an interpreter must be received two weeks prior to the event.

Si usted necesita ayuda en otro idioma que no sea el Ingles por favor comuníquese con nosotros para solicitar un intérprete, traductor o traducciones. Si tiene peticiones de materiales traducidos o un intérprete deben de avisarnos con por lo menos dos semanas de anticipación.

### **Who is the Oregon PTI?**

We are the Parent Training and Information Center for the State of Oregon. Our mission is to encourage, educate & empower families to collaboratively achieve unlimited success for children with disabilities.

**Contact us:** 2288 Liberty St. NE, Salem, OR 97301 ❖ 503.581.8156 ❖ 1.888.505.2673  
Help Line: 1.888.891.6784 ❖ Web site: [www.orpti.org](http://www.orpti.org) ❖ E-mail: [info@orpti.org](mailto:info@orpti.org)