

# Providence Swindells Resource Center

## 2012 Community Education – Southern Oregon

### Attention Deficit Hyperactivity Disorder: The Journey from Turbulent to Tranquil

Please join us for this free workshop presented by **Read Sulik, M.D.**, a nationally renowned child and adolescent psychiatrist, pediatrician and expert in the diagnosis and treatment of attention deficit hyperactivity disorder (ADHD). Dr. Sulik serves as senior vice president of behavioral health services for Sanford Health in Fargo, N.D.

Designed for parents, caregivers, educators and health care providers, the workshop will provide the most current information on helping children with ADHD lead healthier, happier and more tranquil lives. Dr. Sulik will present a two-part lecture: “ADHD in Children and Adolescents,” a discussion of what’s needed to promote optimal wellness in these young people; and “The Ability to Soothe – 10 Essentials to Calming Anxious, Angry and Defiant Children,” an interactive talk with practical tools for helping ADHD children improve their ability to self-regulate.



**Friday, Feb. 17**  
**9 a.m. - 4 p.m.**

**Providence Medford Medical Center**  
Mary Norbert Hall  
1111 Crater Lake Ave., Medford, OR

**Registration and other information:** To register online, visit [www.providence.org/classes](http://www.providence.org/classes), click on “online class catalog” and search by class name for “Swindells Speaker Event – ADHD, Medford.” To register by phone, call 541-732-5958. This workshop is free of charge thanks to the generosity of our sponsors. Spanish translation is available; please call for details.

**CEU credits:** CEU certification is available for \$25 payable at the event. This conference is approved for 6 CEUs through NWRA/Cascadia Training. To request CEU credit, call 800-764-8367 after you register. NWRA/Cascadia Training is an NBCC Approved Continuing Education Provider (Provider # 6575). This workshop is also approved by the NASW, Washington State Chapter (recognized by Oregon State Chapter), for licensed social workers, licensed marriage and family therapists, and licensed mental health counselors (Provider # 1975-118).

**Workshop sponsors are *Trust Management Services* and the following:**

